



IOPA
INDIAN OROFACIAL PAIN
ASSOCIATION



SAVEETHA
DENTAL COLLEGE

nirf 1ST
RANK
Amongst All Private & Deemed
Universities in India



1st ANNUAL CONFERENCE

"Uniting Minds, Transforming Care in Orofacial Pain"

22nd - 23rd August, 2026

Hosted By:

**DEPARTMENT OF ORAL MEDICINE, RADIOLOGY &
SPECIAL CARE DENTISTRY
SAVEETHA DENTAL COLLEGE & HOSPITALS
CHENNAI, TAMILNADU**



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Dear Colleagues and Friends,

It gives us immense pleasure to welcome you to IOPA's 1st Annual Conference, "Uniting Minds, Transforming Care in Orofacial Pain"

hosted by the Department of Oral Medicine, Radiology & Special Care Dentistry, Saveetha Dental College, Chennai, India's leading Dental institute, from August 21-23, 2026.

What began as a small, dedicated initiative to enhance orofacial pain care in India has grown into a dynamic professional community of over 150 members - reflecting the rising awareness, interest, and need for this specialty nationwide.

From our initial newsletters to regular monthly webinars, and now to this landmark annual conference, our journey represents a significant step forward in strengthening education, collaboration, and clinical excellence in orofacial pain. This conference, featuring esteemed national and international experts in the field of Orofacial pain and Dental Sleep Medicine, is designed to bring together dentists, physicians, physiotherapists, psychologists, sleep specialists, and allied professionals committed to multidisciplinary care.

We warmly invite you to be a part of this important gathering - to exchange ideas, foster meaningful collaborations, and contribute to shaping the future of orofacial pain management in India and beyond.

We look forward to welcoming you to Chennai.

Warm regards,

Dr. V. Rangarajan
Organizing Chair

Dr. M. Arvind
Organizing Secretary

Dr. Sumit Gupta
Scientific Chair



ORGANIZING TEAM



PATRONS

Dr. N. M. Veeraiyan
Founder Chancellor, SIMATS



Dr. Deepak Nallaswamy
Pro-Chancellor, SIMATS



ADVISORS

Dr. Sheeja Varghese
Registrar, SIMATS



Dr. S. Aravind Kumar
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Dr. M. Arvind
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Dr. S. Ramkumar
Joint Organizing Secretary



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Dr. Vaishnavi Prabhakar
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Co-Chair

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Dr. M.S. Chandragupta
Chair



Dr. Lokesh Kumar
Co-Chair

BANQUET



Dr. A.S. Ramesh
Chair

TRANSPORT



Dr. Pradeep Jayaprakash
Chair

Scientific programs

IOPA Oration



Dr. Davis C. Thomas (USA)
Topic: Systemic Factors in TMD, OFP & Sleep

Keynote Speakers



Dr. Ghabi Kaspo (USA)
Topic: Diagnostic Imaging in Orofacial Pain: Indications, Limitations, and Clinical Decision-Making



Dr. Camille Haddad (Lebanon)
Topic: Masking the Diagnosis: The Risks of Botulinum Toxin in Temporomandibular Disorder Management



Dr. May Wathiq Al-Khudhairi (Saudi Arabia)
Topic: Understanding Sleep Bruxism: From Etiology to Care



Dr. Ruchika Sood (India)
Topic: Trigeminal Neuropathy: A Diagnostic Blind Spot in Orofacial Pain



Dr. Raashi Khatri Panjabi (India)
Topic: Past, Present and future of Orofacial Pain practice- from historical evolution to AI



Dr. Nivedita Kumar (India)
Topic: Beyond 32: Building your Practice around Sleep Medicine



Dr. S. Senthil Kumar (India)
Topic: Revealing Myths of Temporomandibular Dysfunction - A physiotherapist Perspective



Dr. Yaron Haviv (Israel)
Topic: Chronic Orofacial Pain Mimicking Dental Pain: From Misdiagnosis to Mechanism-Based Management



Dr. Vishal Aggarwal (UK)
Topic: Puzzle of Pain



Dr. Mythili Kaladka (India)
Topic: TMDs - Overview of Conservative Management



Dr. V. Rangarajan (India)
Topic: Occlusion and TMDs



Dr. Sumit Gupta (UAE)
Topic: When Nothing Feels Right... But Everything Looks Fine: A Puzzle Without a Problem



Dr. Sunil Suresh (Qatar)
Topic: Knot That Pains: Unknotting the Mystery of Myofascial Pain

Symposium



Topic:
Orofacial pain-Clinical perspective

Dr. S. Ramkumar
Moderator

Dr. Karpagavalli S.

Dr. Dolanchanpa Dasgupta

Dr. Jyotsna Jain

Dr. Hemant Soni



Topic:
Environmental and Life style changes in chronic orofacial pain

Dr. M. Arvind
Moderator

Dr. Devika Pillai

Dr. Raghunand Sindhe J

Dr. Nandita Shenoy

Free Papers & Posters

INSTRUCTIONS FOR PAPER & POSTER PRESENTATIONS

General Rules

Participants must be registered for the conference prior to abstract submission.

Scientific events will be held on August 22nd & 23rd, 2026.

Topics are limited to Orofacial Pain (OFP), TMDs, and Dental Sleep Medicine.

No changes will be permitted after submission.

Participants must bring their own presentation tools.

Cash prizes will be awarded for the top 3 Best Papers and Best Posters.

The decision of the Scientific Committee will be final.

Abstract Submission

Abstract must be 250–300 words, in English, and submitted in Word format.

Include the following details: presenter information, institution, year, registration number, subject, topic, and proof of payment.

Poster abstracts must be signed by the Head of the Department (HOD).

Formatting requirements: A4 size, Times New Roman, font size 12, 1.5 line spacing. Submit as a PDF via the designated email address below or through the Google Form.

Last date for submission: June 14, 2026.

Paper Presentation

Open only to clinicians and faculty.

Duration: 7-minute presentation + 2-minute discussion.

Maximum 15 slides, in PowerPoint format (4:3 aspect ratio).

Poster Presentation

Open only to undergraduate (UG) and postgraduate (PG) students.

College/guide name must not be included in the poster (entries will be disqualified if included).

College ID and conference registration proof must be presented at the time of presentation.

Duration: 3-minute presentation + 2-minute discussion.

Maximum of 2 authors; all authors must be present for the presentation.

One-slide PowerPoint presentation (4:3 aspect ratio).

Printed posters, animations, audio, video, or GIFs are not permitted.

No college/guide name is allowed.

Final Submission

Submit the final paper/poster (with delegate name) by **August 14, 2026**.

Send submissions to: oralmedicine.sdc@saveetha.com

Pre-conference Courses - 21/08/2026

1



Dr. Davis C. Thomas

Title: Systemic work up of Patient with TMDs & Orofacial Pain: The Physician of the Stomatognathic system

Time: 9.30 am - 1 pm

Fees: INR 1,500

2



Dr. Vishal Aggarwal

Title: Epidemiology to Evidence based Management of TMD and chronic orofacial pain

Time: 9.30 am - 1 pm

Fees: INR 1,500

3



Dr. K. Ramana

Title: Workshop on Myofascial trigger release for Orofacial pain: Hands on Approach - A physiotherapist's perspective

Time: 2 pm - 5.30 pm

Fees: INR 1,500

4



Lt Col (Dr) Sudarshan Bhat

Title: TMJ arthrocentesis: from diagnosis to hands-on mastery

Time: 2 pm - 5.30 pm

Fees: INR 2,500

5



Dr. Nilesh Deshmukh

Title: Mastering Trigger Point Injections in Myofascial Pain Management

Time: 9.30 am - 1 pm

Fees: INR 2,500



Dr. Prisly Thomas

6



Dr. J. Selva Kumar



Dr. Ahana Ajayakumar



Dr. Vaishnavi Prabhakar

Title: Mastering TMD & Sleep Appliances: From Theory to Chairside Practice

Time: 2 pm - 5.30 pm

Fees: INR 3,000

REGISTRATION

FOR REGISTRATION



Click
QR Code

IOPA Member - Indian - ₹3000
Non IOPA member - Indian - ₹4000
International delegate - \$100
UG Student - ₹1800
PG student - ₹2300

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PAYMENT DETAILS



**Account Name : Saveetha Dental College ORAL
MEDICINE CME**

Account No : 1248135000002574

Bank Name : Karur Vysya Bank

IFS Code : KVBL0001248

SWIFT CODE : KVBLINBBIND

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